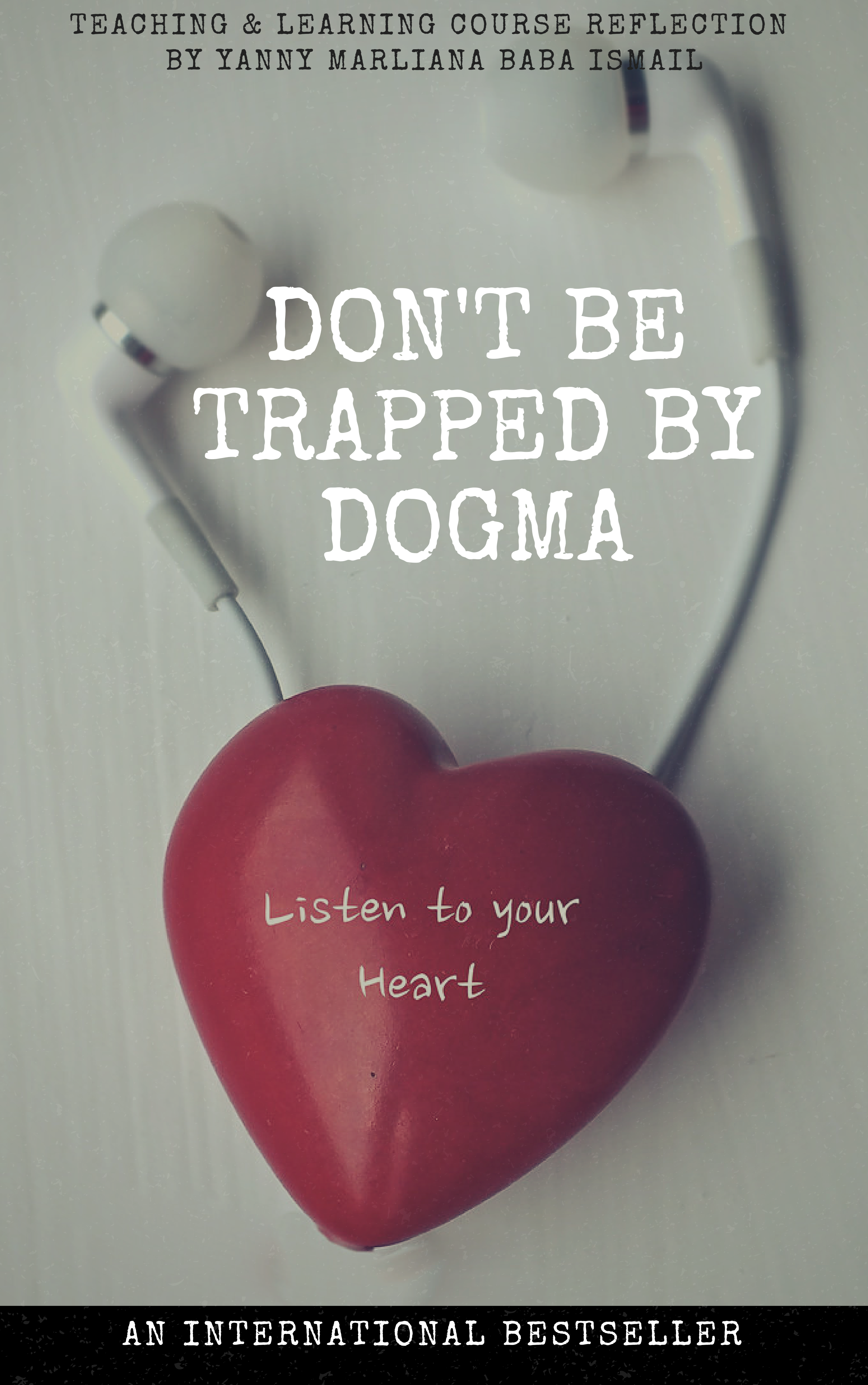


TEACHING & LEARNING COURSE REFLECTION  
BY YANNY MARLIANA BABA ISMAIL

A red heart-shaped object, possibly a piece of wood or plastic, is the central focus. It is surrounded by a white stethoscope. The heart has the words "Listen to your Heart" written on it in a white, cursive font. The background is a light, neutral color.

# DON'T BE TRAPPED BY DOGMA

Listen to your  
Heart

AN INTERNATIONAL BESTSELLER

# DON'T BE TRAPPED BY DOGMA

Listen to your  
heart...

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*To all speakers, CD&E Team and friends,  
with love and gratitude*



# **CONTENTS**

**Acknowledgments**

**Myths versus Facts**

**Part 1:**

**Myths about P&P**

**Part 2:**

**Facts about P&P**

**Author's Motivation**

**Author's Note**

**Author's Suggestions**

## ACKNOWLEDGMENTS

Bismillahirrahmanirrahim. First and foremost, syukur Alhamdulillah and thank you to Allah S.W.T who had given me this great opportunity to be able to join the nine days of Teaching & Learning (P&P) course this year.

My heartiest gratitude and thankfulness goes to all the experts, Prof Abd Karim Alias, Dr Azidah Abu Ziden, Dr Zainal Ariffin Ahmad, Dr Rozainah Jamaludin, Dr Muhamad Saiful Bahri Yusoff, Dr Hajah Zainab Mohd Noor, Dr Aisyah Saad Abdul Rahim, Pn Rosnah Idrus, Dr Aidiahmad Dewa, Dr Wan Zuhainis Saad, Dr Leelany Ayob, Dr Shaik Abdul Malik Mohamed Ismail, and Prof Abdul Latif Ahmad. Not forgetting, our respected Deputy Vice Chancellor (Academics), Prof Ahmad Farhan Mohd Sadullah for the insightful wrapped up session.

I would also like to thank the super cool CDAE team for their hardwork in making this course a real success. Well done! Thank you also for giving me amazing team-mates, I just could not ask for more.

To all Group 2 members, Dr Haizzan, Dr Amir, Dr Amirah, Dr Suzana, Dr Thien, and En Shahidan, thank you for making my everyday at P&P as unforgettable moments filled with joys & laughters. To all my friends of Batch 1/2018 P&P, thank you for the new born friendship, hope it will last forever till Jannah.



*Dr Yanny Marliana Baba Ismail*

# The experts...



*A man with full of wisdom. Never failed to inspire the young academics. Thank you for being a cool Daddy to us.*



*The amazing speakers, who had kindly shared their collective knowledge and valuable experience over the years with us.  
Thanks a heap.*

# The cool CDAE Team...



*Two beautiful ladies, who were always there for us.  
Thank you so much, Dr Azidah and Pn Ruzanna.*



*The secret behind a successful CDAE team.  
"Rose" among the thorns, perhaps?*

# The amazing team-mates...



*I am so lucky to be team up with these hyper active, kind and jovial people. None of the group members ever feel hungry throughout the course. In fact, other group members even migrated to our table at some point. The most generous and cheerful group I would say. Thank you, guys!*

*Thank you for inspiring us as always, Prof Karim!*



*Don't compete with your colleagues instead complement each other.*



## PART 1

# MYTHS ABOUT P&P

"Don't be trapped by DOGMA"- which is living with the results of other's people thinking. Don't let the noise of other's opinions drown out your own inner voice. Listen to your heart and follow your intuition. They somehow already know what you truly want to become (Carmin Gallo, 2014).

# PART 1

## MYTHS ABOUT P&P

1st of August 2016 marked my first day as an academic at Universiti Sains Malaysia. Since then, I had been told that in order to be confirmed I have to complete the P&P and PTM courses as well as to pass a BM examination. It is a MUST, not an option. By hook or by crook, I have to do it. It is just a part and parcel of the journey for young academics.

As time goes, more and more myths I heard about those requirements for conformation. Alhamdulillah, I passed my BM examination. I did my PTM course back in July 2017. It was fine. Great course although it was quite heavy but still fun. Then, people started saying, "oh wait till you attend the P&P course, let see if you will survive happily", "so many assignments given", "two weeks are too long for a P&P course" and many more. Deep inside me, I was thinking...people, why do you have to be so negative??

## PART 2

# FACTS ABOUT P&P

Novel. Fun. Memorable. Inspiring.



*Keep up the healthy working environment with those beautiful smiles and positive minds. Effective learning takes place in a positive environment filled with laughters.*

## PART 2

# FACTS ABOUT P&P

Novel.- Teach me new things

P&P had taught me millions of new things that I have never come across before- which had captured much of my attention and strengthen my interest in delivering my tasks as an academic. Well done to all speakers!

Thank you to Prof Karim & Dr Azidah for exposing us with lots of new teaching tools, the effective use of e-learn and how to build up our own e-portfolio as a gateway to the whole world, which is the highlight of the course! Microteaching? Honestly, I have no idea about it at all although I had actually done it in my lectures. Thank you, Dr Saiful for introducing us to microteaching.

As academics, our job scope is not only limited to lecturing. But we are also advisor, researcher, motivator, entrepreneur, and friends to our students. It is important for us to be able to guide and motivate our students. As been taught by Dr Aidiahmad, we as academics are NOT supposed to solve our students' problem, instead GUIDE them to think and make their own decisions. This is so much related to psychology- Try to understand our students, don't be too judgemental as said by Dr Shaik Abdul Malik.

## PART 2

# FACTS ABOUT P&P

As entrepreneur, we are not only "selling" our own BRAND but also selling the name of USM and school to the world. Like it or not, we are all in SALES now. But to ensure we are "selling" them right, we should truly understand the Do's and Don'ts in the education world- the teaching philosophy, teaching methodology, plagiarism and copyright. Thank you to Dr Zainal, Dr Zainab, Dr Rozainah and Dr Wan Zuhainis for making us alerts on this particular issues!

But how can we "market" ourself as an academic? Besides creating our own portfolio that would speak out to the world on our behalf, we ourself need to master the communication skills. To deliver a powerful speech, we should be clear, be ourself, be honest and speak from our heart! Wonderful advice, Dr Leelany!

Back to our core business as academic- to share our knowledge with the students. But how can we make it more attractive and catchy to the eyes of the 21st century students? Definitely, we need to have an effective design of the teaching medium by embedding infographic, right choice of colours, contrast and space as been shared by Dr Aisyah.

## PART 2

# FACTS ABOUT P&P

Fun.

P&P course had successfully blended in the "fun" element in most of the sessions in delivering the contents. This had make the course so lively and engaging. I believe this is one of the important take home message to ponder. As academics, we have to try to make the classroom alive- How? Two ways interaction and learning in positive environment filled with laughter could be embedded in educating the 21st century generation. On top of that, through P&P we had also the opportunity to widen our networking-it's time to meet new friends coming from different background. Isn't that fun and exciting?

Memorable.

Effective learning should be fun and meaningful, then it is memorable- that's what we gained after 9 days of P&P. Unforgettable moments. Thank you for the 1001 memories, everyone! Let's continue on our journey and create our own BRANDING. Yes, this word keep bouncing in my head-make yourself Relevant, Referred and Respected.

## PART 2

# FACTS ABOUT P&P

Inspiring.

We are truly blessed to have the academic experts sharing their knowledge, experience and skill with us. It is really inspiring looking at their thousand miles of journey that brings them to where they are now. Magnificent! I still remembered some of Prof Latif's inspiring words...

*"To be excellent, you have to sacrifice lot of things. Work with the right intention, don't put promotion as your ultimate goal, do whatever you needs to do and everything will fall into place. Be patient. Be organised. Don't compare your winding path with others. Your path is beautiful and crooked just as it should be".*

Another inspiring quotes that I had engraved in my heart as educator are "Do what you love, Love what you do" and "The heart of education is the education of the heart" shared by Prof Karim. When you do what you love, you inspire yourself and awaken the hearts of others. Isn't that a beautiful miracle? For me, it is just perfect to be an educator's philosophy.

# AUTHOR'S MOTIVATION KIND WORDS...

To all speakers, thanks a heap for your supportive and positive words for all my reflections throughout the 9 days of P&P. Those encouraging and powerful words had sparked the idea for me to write this short "storybook" in sharing my knowledge learned and experience gained from the course. This is a kind of little tribute that I could offer to all of you. Thank you for your support!







**Yanny Marlina Baba Ismail**

25 January at 22:03

Reflection Day 4 P&P...

In the first session with Dr Hj Zainab we learnt on OBE system. Although, OBE is not something new to me as we have been practising OBE for quite a while for Engineering courses and I am part of the OBE team in my school (I was actually dragged into the team after 2 weeks I joined USM) . To be honest I was struggling a lot in the beginning. I had totally NO idea what is cognitive domain, psychomotor and affective domains all about. ZERO! I then slowly... See more



Like



Comment



Share

Zuhair Zainal, Aidiahmad Dewa and 11 others



**Aisyah Saad** Great to hear to hear that you have enjoyed and benefitted from the sessions & in the workshop 😊

Like · Reply · 1w

Yanny Marlina Baba Ismail replied · 1 Reply



**Abd Karim Alias** More to come next week. Brace yourself for a joy ride! 😊

Like · Reply · 6d

Yanny Marlina Baba Ismail replied · 1 Reply



**Abd Karim Alias** Wow, what a deep and thoughtful reflection! This is another WIN! A very satisfying moment for me knowing that our young padawans are inspired and motivated. Keep the fire burning!

Like · Reply · 3d



**Yanny Marlina Baba Ismail** Great educators produce great learners.Haha. Thank you, Prof. insyaAllah I will.

Like · Reply · 2d · Edited



Write a reply...



**Muhamad Saiful Bahri Yusoff** Very insightful reflection

Like · Reply · 2d



**Yanny Marlina Baba Ismail** Thank you Dr Saiful 😊

Like · Reply · 2d

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FROM NOTIFICATIONS



**Yanny Marlina Baba Ismail**

26 January at 22:48

Reflection on Day 5 P&P...

Blended learning is really interesting topic. It is a combination of online & face-to-face learning. Personally, I think it is simply cool. I have used blended learning in one of my lectures this semester with just using very basic e-learning tools. It was a huge class with over 200 students both local & international students, to be honest I have no idea how to give assessment online. Before this, I just used our e-learning to upload lecture notes,... See more

Like

Comment

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Zuhair Zainal, Aidiahmad Dewa and 19 others



**Abd Karim Alias** A+ for this reflection 🤔❤️ 1

Love · Reply · 6d



**Yanny Marlina Baba Ismail**

Yesterday at 21:36 · Penang

Reflection on Day 8 P&P...

Today we spent the whole day learning to create teaching e-portfolio, not a so-so version but an amazing one taught by the experts and recipients of Anugerah Akademik Negara! What a blessed to have such a great opportunity. Thank you so much for spending your time sharing your knowledge and experience with us, AP Dr Azidah Abu Ziden & Prof Abd Karim Alias. Highly appreciated.

To be honest, before coming to P&P I have no idea what is this teaching portfolio all about. I heard about it many times from my seniors but couldnt even imagine how is it suppose to looks like. As I mentioned earlier, my main challenge since I joined USM is to make myself VISIBLE. Sometime I even feel like I am transparent at some point. But now, I have a total new dimension how to make myself relevant as an academic. Teaching e-portfolio is one of a great solution. It is an amazing gateway to the whole world! I am so eager to create my own teaching e-portfolio and share with everyone. Sharing is caring.

Thank you again, Dr Azidah! InsyaAllah I will work out on my portfolio as soon as I can. See you guys tomorrow! Oh cant believe we have been attending the P&P course for 2 months! Haha. Hello February!

Like

Comment

Share

Azidah Abu Ziden, Abd Karim Alias and 4 others



**Azidah Abu Ziden** Good Luck!! ❤️ 1

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...think of an eye, P&P course had come to the end. Well, actually the end, but the beginning of a new chapter! First of all, I would like to thank Dr Muhamad Saiful Bahri Yusoff for spending his valuable time again to teach us the microteaching. Really interesting and interactive session. Teaching is NOT all about content but also the behaviour of the teacher in conducting classroom, which is known as microteaching. As... See more

Like

Comment

Share



Muhamad Saiful Bahri Yusoff, Abd Karim Alias and 4 others

**Abd Karim Alias** Excellent reflection! Read it with full interest. Like · Reply · 16h

**Yanny Marlina Baba Ismail** Thank you, Prof. I wish I can speak in public as excellent as my reflection. Like · Reply · 16h

**Abd Karim Alias** Yanny Marlina Baba Ismail of course you can do that. Like · Reply · 15h

## AUTHOR'S NOTE

# LIFE PHILOSOPHY



*"Life is too short. Don't waste it living someone's life. Don't be trapped by DOGMA".*

*"When given the choice between being right or being kind, choose kind. always try to be a little kinder than is necessary. Kind words do not cost much. Yet they accomplish much".*

# DON'T BE TRAPPED BY DOGMA

## AUTHOR'S SUGGESTIONS

To all my friends of P&P batch 1/2018:  
Spread the positive vibes to the juniors!

To my juniors:

Don't listen to negative people about P&P- experience it yourself!

To CDAE:

1. It would be great if we could exchange group members every single day, so that we have a chance to know each other better.
2. If possible, it is also good to have a mentor for each group to monitor us closely during the course and somebody who we can share our doubt/difficulties as young academics freely.
3. It would be perfect if the starting date of the P&P course can be shifted slightly, just few days after the last day of examination. At least we can come in fresh and peace of mind.