



U.S.M. UNIVERSITI
SAINS
MALAYSIA



PUSAT PENGAJIAN BAHASA, LITERASI DAN TERJEMAHAN
SCHOOL OF LANGUAGES, LITERACIES AND TRANSLATION

LSP 401 – GENERAL ENGLISH

SEMESTER I

ACADEMIC SESSION 2021/2022

RESPONSE WRITING (30%)



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Answer **ALL** questions.

Any **PLAGIARISED** answers will be penalised.

Excerpt 1

Sturino started body shaming herself at a young age. She was voted “heaviest kid” in her class at the age of 5 and spent decades feeling like the biggest person in the room. Throughout her adult life, she worried that she would not fit into her seat; at the movie theatre, at tiny trendy restaurants, at the dentist or on an airplane. But in her 30s, she had a eureka moment; “My body is not the problem,” she realized — a stunning concept after a lifetime of feeling like something was wrong with her, and that her size determined her worth. Why do so many of us like Sturino, engage in such negative self-talk? And what can we do about it, especially as we emerge from a global pandemic during which so many of us have put on weight?

Nina Savelle-Rocklin, a Los Angeles-based psychoanalyst who specializes in food, weight, and body-image issues, says it’s difficult for many Americans not to internalize the “pervasive sense that there’s something wrong with you” given the near-constant stream of toxic messaging in our culture, much of which is tied to the multibillion-dollar weight-loss industry. Consider the obsession with “skinny” everything, including lattes; the focus on “beach-ready” bodies; the endlessly popular before-and-after diet photos. And on TikTok, thousands of “What I Eat in a Day” videos, often posted by thin young women, promote the idea that if you eat like them, you’ll be able to look like them, even though genetically, we can’t all achieve specific body types.

(Source: The Washington Post)

Link: https://www.washingtonpost.com/lifestyle/wellness/body-shaming-negative-self-talk/2021/06/30/def5e0e4-d9c6-11eb-8fb8-aea56b785b00_story.html

Respond in about **100-150 words** for **EACH** question.

- 1) What do you think could possibly make Sturino realise that her 'body is not the problem'?

I think Sturino realise that her 'body is not the problem' because she realised that the problematic is the mentality of society that views fat people as unattractive and skinny as beautiful. The idea that there is always something wrong with our bodies is always reinforced in advertisements, tv and social media. Besides that, Sturino realised the fashion industry ignores the problem of fat people by only producing fashionable clothes that are small size, so the problematic is not the body but the mentality of the society that wants human beings to have the same size. Many brands do not carry all sizes in their stores, in addition to many also not carrying the full extent of sizes online either. Perhaps, Sturino is aware that many stores carried XXS, but not XXL.

(15 marks)

- 2) As a university student, do you think body image would impact the quality of your life? Elaborate.

As a university student, I agree that body image impacts my quality of life. Attractive body image helps me increase my confidence in dealing with the public, giving opinions and socializing with the community. People who lack self-confidence because they have a negative body image tend to be lonely which can disrupt schooling and social interaction between family and community. In addition, body image can affect my mental health. When I have a positive body image, I will live calmly without thinking about how others view me. Negative body image contributes to low self-esteem which leads to extreme anxiety and emotional stress. Besides that, body image influences my daily nutritional intake. When I have a positive body image, I

take adequate nutrition according to the food pyramid. Unlike for people with body image problems, they tend not to approach food. This causes them to lose substance, have heart problems and anorexia.

(15 marks)

Excerpt 2

The change is causing a certain uneasiness in the industry, with some fearing streaming services could not only put theaters at risk, but also the likes of producers and distributors. A number of streaming platforms are now producing their own content, instead of buying films made by independent filmmakers. It's an issue that's top of mind in Cannes this year.

"Cinema and screening platforms can coexist. At one time, there was a thinking that TV was going to kill cinema. This stuff is not new. It's all cycle," said director Spike Lee, president of the Cannes Film Festival jury this year.

Some argue studios won't be able to continue bypassing theaters, as there's just no substitute for box office revenue. The recently released blockbuster "F9" -- released exclusively in theaters -- raked in \$70 million on opening weekend.

(Source: abc NEWS)

Link: <https://abcnews.go.com/US/covid-19-changed-movie-%20industry/story?id=78901700>

Respond in about **100-150 words** for **EACH** question.

- 1) In your opinion, will the quality of movies change when cinemas and screening platforms coexist?

In my opinion, I agree that quality of movies change when cinemas and screening platforms coexist. Many people after watching the cinema, they feel a great sound system because equipped with Surround Speakers between 10 units to 50 units depending on the size of the cinema. Screening platforms does not provide such voice quality satisfaction because it does not use modern technology of ATMOS, DTS-X and Auro MAXX which brings the sound quality to the level of reality. Cinemas is supported with screen quality of various types with straight or curved designs. This will not be achievable through Your Home Cinema. When watching platform screenings, the quality of the movies shown is a bit blurry due to the small HD format or the need for fast internet. It may get stuck if the internet speed is low. The quality of the movie is no longer the same when screened on screening platforms.

(15 marks)

- 2) Do you prefer the cinema or screening platforms to watch movies?
Explain your choice.

In my viewpoint, I prefer the screening platforms to watch movies because it is more flexible and easier than the cinema. We can watch the movie anytime and anywhere we would love to. Besides that, the privacy issues also the biggest reason why I prefer to watch movies through the screening platform. For the instance, in cinema we need to share the facilities but using screening platform such as Netflix we can watch movie privately in our bedroom. We can also pause or rewind or do anything that we love to while watching movies. Lastly, the environment. At the cinema we must follow the rules of facilities. For instance, we are not allowed to shout or

make any noise but using the screening platform we are free from the rules.
We are free to scream as loud as we can, cry until the pillow is wet or laugh
out loud.

(15 marks)